

U16, U18, U20 BALTIC OUTDOOR TEAM CHAMPIONSHIPS AGREEMENT

Match: U16, U18, U20 Baltic outdoor team championships

Organiser: Estonian Athletic Association

Venue: Pärnu , EST

Date: 1.-2.08.2020

Participants: Boys and Girls (U16 and U18), Junior Men and Junior Women (U20), 2 athletes per team, per event, one relay team per country per team.

Age: U16 - Boys and Girls (born in 2005-2006), U18 - Boys and Girls (born in 2003-2004)
U20 - Men and Women (born in 2001-2002)

Scoring: Team points will be calculated for every age group for girls and boys jointly.

Individual: 6-5-4-3-2-1; Relays: 6-4-2. All the competitors or relay teams that are tied for the position will get the points for a higher place.

Events:

U18, U20 age groups			
MEN		WOMEN	
TRACK	FIELD	TRACK	FIELD
100 m	Long Jump	100 m	Long Jump
200 m	High Jump	200 m	High Jump
400 m	Triple Jump	400 m	Triple Jump
800 m	Pole Vault	800m	Pole Vault
1500 m	Shot Put	1500 m	Shot Put
3000 m	Javelin Throw	3000 m	Javelin Throw
110 m/H	Discus Throw	100 m/H	Discus Throw
400 m/H	Hammer Throw	400 m/H	Hammer Throw
2000 m SC		2000 m SC	
4x100 m Relay		4x100 m Relay	
4x400 m (mixed relays 2 Men and 2 Women)			

Events:

U16 age group			
BOYS		GIRLS	
TRACK	FIELD	TRACK	FIELD
100 m	Long Jump	100 m	Long Jump
200 m	Pole Vault	200 m	Pole Vault
400 m	High Jump	400 m	High Jump
800 m	Triple Jump	800m	Triple Jump
2000 m	Shot Put	2000 m	Shot Put
110 m/H	Javelin Throw	100 m/H	Javelin Throw
300 m/H	Discus Throw	300 m/H	Discus Throw
1500m SC	Hammer Throw	1500m SC	Hammer Throw
4x100m Relay		4x100m Relay	
Medlay relay 100m+200m+300m+400m (mixed Girl Boy Girl Boy)			

NB! U16 age group: one athlete can take part of 2 individual events and a relay.

Rules: Competitions shall be arranged entirely according to the IAAF's Competitions Rules and according to the "Technical regulations for Baltic Team championships in Athletics".

Implements:

In U20 age group:

	Shot	Discus	Hammer	Javelin
Women	4 kg	1 kg	4 kg	600 g
Men	6 kg	1,75 kg	6 kg	800 g

In U18 age group:

	Shot	Discus	Hammer	Javelin
Girls	3 kg	1 kg	3 kg	500 g
Boys	5 kg	1,5 kg	5 kg	700 g

In U16 age group:

	Shot	Discus	Hammer	Javelin
Girls	3 kg	0,75 kg	3 kg	400 g
Boys	4 kg	1 kg	4 kg	600 g

Hurdles and steeplechase:

In U20 age group:

Distance	Number of hurdles	Height of hurdles	Distance from start line to first hurdle	Distance between hurdles
Women				
100 m	10	83,8 cm	13,0 m	8,50 m
400 m	10	76,2 cm	45 m	35 m
2000 m SC	23/18	76,2 cm		
Men				
110 m	10	99,1 cm	13,72 m	9,14 m
400 m	10	91,4 cm	45 m	35 m
2000 m SC	23/18	91,4 cm		

In U18 age group:

Distance	Number of hurdles	Height of hurdles	Distance from start line to first hurdle	Distance between hurdles
Women				
100 m	10	76,2 cm	13,0 m	8,50 m
400 m	10	76,2 cm	45 m	35 m
2000 m SC	23/18	76,2 cm		
Men				
110 m	10	91,4 cm	13,72 m	9,14 m
400 m	10	91,4 cm	45 m	35 m
2000 m SC	23/18	83,8 cm		

In U16 age group:

Distance	Number of hurdles	Height of hurdles	Distance from start line to first hurdle	Distance between hurdles
Girls				
100 m	10	76,2 cm	12,0 m	8,00 m
300 m	7	76,2 cm	45 m	35 m
1500 m SC	15/12	76,2 cm		
Boys				
110 m	10	83,8 cm	13,00 m	8,50 m
300 m	7	76,2 cm	45 m	35 m
1500 m SC	15/12	76,2 cm		

Financial conditions:

Travels paid by: Each Federation for their own costs. Board and lodging paid by: Each Federation for their own costs

SIGNATURES:

LATVIA

LITHUANIA

ESTONIA